

**CLAIM:**

Uninformed decisions about food choices affect human health.

**A****Supporting Evidence**

"Many people are surprised to hear that high fructose corn syrup is almost identical to table sugar and honey. It is composed of virtually the same amounts of the simple sugars - glucose and fructose."

(Reference: #5 - The Facts About HFCS )

**B****Supporting Evidence**

"Why tap into morals and emotion to change eating habits and behavior? If someone wants to lose weight or improve their health, there is an abundance of information online about the benefits of physical activity and a diet rich in fruits and vegetables. But as obesity rates rise, it's clear that facts alone aren't enough."

(Reference: #9 Gut Reaction )

**C****Supporting Evidence**

"Sadly, in the next 18 minutes, when I do our chat, four Americans that are alive will be dead through the food that they eat."

(Reference: #8 Teach every child about food )

**D****Supporting Evidence**

"Spending on health care has risen from 5 percent of national income in 1960 to 16 percent today, putting a significant drag on the economy. The goal of ensuring the health of all Americans depends on getting those costs under control."

(Reference: #7 Farmer in Chief )

**E****Supporting Evidence**

"Over 2 billion people in the world still suffer from poor nutrition. Each year, more than 3.5 million mothers and children under five die unnecessarily because of a lack of key nutrients in their diets."

(Reference: #2 Leveraging Agriculture )

**F****Supporting Evidence**

"...mad cow disease shocked many people, not only because it shattered beef's image as a safe and healthy food, but also because they learned that the disease was caused by feeding cattle the brains and nerve tissue of sheep. People who naively believed that cows ate grass discovered that beef cattle in feed lots may be fed anything from corn to fish meal, chicken litter..."

(Reference: #4 The Ethics of Eating )